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Private HomeCare
Training Centre

TRAINING COURSES



Private
HomeCare
A Cpl Company

*We care for others as we would like
to be cared for ourselves*

Table of Contents

1	About Private HomeCare	2
2	The Private HomeCare Training Centre	3
3	Our Approach to Training	4
4	Why Invest in Training?	5
5	Carer Stories	6
6	Training Courses	10
7	Carer Graduation	15



1 About Private HomeCare



Established in 1989

With 30 years of providing care in Irish homes, no-one has more experience in private care in Ireland than Private HomeCare.



Irish Owned and Managed

Elizabeth Nicholson set up Private HomeCare in 1989. The company was acquired by Cpl in 2010. Elizabeth continues to run the business with her long-serving and loyal team of care experts.

Clients and carers benefit from knowing that we are part of one of Ireland's biggest companies yet we remain an independent, expert company in our area.

Despite the avalanche of American and English franchises in our sector in the last decade, we work hard to maintain our competitive edge to stay at the top.



Care Expertise

The founding management team still lead our business, since 1989. Half of our Client Administration team have been with us for almost 2 decades. Our expertise is truly how we differentiate from others.



Outstanding Compliance Record

Private HomeCare was the first home care company in Ireland to be awarded the international ISO quality standard, (ISO 9001:2015 Compliance) in 1998.

Every year, we invite ISO inspection to ensure we are always compliant.



HSE Supplier

We have been working with the HSE since 2007. We are an approved HSE supplier.



The Cpl Institute

Our parent company, Cpl, also owns the Cpl Institute, with whom we enjoy a strong partnership.



Multi-Award Winner

We have won several awards in our sector over the years.

2 The Private HomeCare Training Centre



Caring for People at Home

The nature of our service means that our team sometimes work with vulnerable people and work in private homes. This means that our people must be trained to the highest standards of care, ethics and operations.

The HSE demands it, our clients and their families demand it, and we demand it.

Our ethos has never changed since we started in 1989
"we care for others as we would like to be cared for ourselves".



Our Training Centre

We set up our own training centre for two reasons:

1

We did not want to outsource the training of our staff, as so many care providers do.

2

We wanted to use our 30 years of expertise, to share it with our new team members, and to keep building on our knowledge.

Meet our Training Team



Anna Lloyd Training Manager

Anna delivers all the training courses offered by Private HomeCare. A certified trainer, she holds the following qualifications: Professional Diploma in Education, Higher Diploma in Business in Marketing, Certificate in First Line Business Management, National Diploma in Humanities in Montessori Education.

With 11 years experience in the care industry. Anna combines her practical knowledge with her training skills to ensure all learners achieve their goals, in a friendly and supportive learning environment.

Previously Anna has volunteered in Sri Lanka. She has recently taking up boxing as a hobby!



Kellie Plumridge Training and Compliance Co-Ordinator

Kellie has a background in Behaviour Analysis, and working with children with additional needs, which she has been doing for the last six years. She has BA (Hons) in English and Human Development from Dublin City University (DCU) as well as a Post Graduate Diploma in Behaviour Analysis from Queens University Belfast. In her spare time, Kellie enjoys the outdoors and reading, and is currently learning the piano.

3 Our Approach to Training

Supportive

Many of our learners have not been in a classroom for years or decades. Many have a different first language than English.

We understand this. Please do not worry. All of our training is designed to help you at every stage.

Friendly

Our carers span all ages and backgrounds. That's why caring is such a great profession, especially for those with family commitments.

Our classrooms are friendly for everyone. No-one is left out.

Classroom and Skills Blended Learning

Our training takes place in a classroom.

We also have demonstration rooms with all the equipment carers need to learn about - from hospital style beds to hoists.

Practical

With our vast experience in caring, we know that simple things such as how you enter a client's home and how you greet them can be as important as the knowledge you learn in a classroom.

Our training covers all of this, as well as other practical skills of assisting people to rise from sitting to standing, or to accompany someone safely when walking and lots more.

Assignments

We will help you and guide you every step of the way with your assignments.

There are dates that assignments must be submitted on, and these must be adhered to, like any course.

Peer Learning

You will meet other carers, new and experienced, on all of our courses.

You will learn a lot from each other. That makes the training even more interesting and valuable.

Family carers will also meet each other on our public courses.

Ladder of Progression Through QQI

As a Training Centre, we offer a wide range of QQI courses in caring. There are courses that you must do as a minimum to become a carer.

After that, study at your own pace. You can choose how far you want to go!

Your Success is Our Success

We want all our learners to succeed. If you do well, we do well. Therefore it is in our interest to make sure our training is as good as possible, that our material and our teachers are up to date and very expert, and that our equipment matches the training curriculum.

That's our promise to you.

4 Why Invest in Training?

1



Advance your Career

The Private HomeCare Training Centre will help you reach your career goals. Perhaps you could be one of our graduates at our annual conferring ceremony.

Its a wonderful day out for our graduate carers and their families and it is an opportunity to celebrate your success.

2



Learn More, Earn More!

Its simple. The more qualified you are as a carer, you more you can earn. Our pay grade system is linked to our training department so carers can see a clear ladder of progression.

Browse our courses and see which ones you are interested in or which courses would complement your skills so you can earn more.

3



Leadership Opportunities

In Private HomeCare, we are expanding and re-structuring our entire business around carers. This means we will have more promotion opportunities for carer such as 'Lead Carer' and 'Community Supervisor'.

If you want to be considered for leadership, check your qualifications. If you would like some more QQI courses, simply book them up.

4



HSE Requirement

As the national Health and Safety Executive, the HSE require that all carers working in private homes must have a certain standard of qualifications.

You would want that if carers were coming into your family home to care for your family. We support that and therefore insist that all carers meet the HSE's conditions for caring.

5



Payment Plan

With Private HomeCare, we make life easier for you through our Payment Plan. Payment for our courses can be spread across the year and deducted from your pay so don't have to pay in one go.



Sinead O'Neill

Carer and Graduate from Class of 2019

5 Carer Stories

I started out as a cleaner in a nursing home before becoming a carer. My daughter has diabetes type 1, so the long hours in the nursing home did n't work for me or my family.

Private HomeCare could offer me flexible hours that suited my life, so I applied to join them as a carer. Before I started, Patsy the Recruitment Manager, explained everything to me, about working as a carer and training.

I started doing my QQI courses in April 2018. I already had one module done.

I graduated in March 2019 which was a great day for me and my family.

Training has transformed my career as now I know I have a future in caring. I have choices now to work in a hospital or hospice as well as homecare.

“Everytime you do a course, you upskill yourself - for life.”

I thought I knew my job but you really upskill with QQI training. Maybe you know how to prepare food, but do you know how to give food ? You might be able to put on and take off gloves but are you doing it the correct and hygienic way ? In the Communications module, I learnt about non-verbal communications (as well as verbal). Some of my clients cannot speak so that was really helpful.

My confidence has grown as I have learnt more and more from each QQI module.

“Suit You and Your Life”

QQI courses are only one day a week for 4 weeks, that is what I love about it. You choose when you want to do a course. They are run all year round so you pick and choose what you want to do and when you want to do it.

A lot of courses are 8 hours a day which would not work for me.



*In the last 12 months,
I have transformed my
work as a carer into
a longterm career with
Private HomeCare
Training Centre.*



“Super-friendly”

Initially I was nervous as I don't like classrooms but what I had in my mind was totally different to the reality.

Each class is small. The trainer is so nice. You can share your own experiences too so you are not just listening to one person all day.

Everyone has a different background, that is how you pick up different things. I learnt so much from the other carers.

“No Pressure with the Payment Plan”

With Private HomeCare you don't have to pay for courses as you go. You can pay weekly as a deduction from your pay so there is no pressure.

5 Carer Stories

I don't feel like I go to work every day. I love the job and the company so much. I cannot recommend them highly enough.

"I Had 3 Modules but Private HomeCare Made Me Aware I Could Keep Going to Get My Major Award"

I thought I would be a carer with the two basic modules you need. I interviewed with Private HomeCare who were so friendly and explained everything to me. I discovered if I took another 6 modules, I could graduate with a Major Award. At the time, I interviewed with another care company who didn't even mention this to me.

I saw the photographs of this year's graduation when one of my friends graduated. Now I expect to graduate in Spring 2020. My children are now 10 and 7. I'm raging I didn't start this earlier but it's great that the company offers inhouse training for carers.

"Training Gives You Emotional Strength As Well as Knowledge"

I just finished my fourth module, Palliative Care, a few weeks ago, totalling 4 QQI modules I have now completed. Training gives you the way to handle things. What would you say to a client who might ask you "am I dying?" I didn't think I would have the strength to deal with situations like that, however training gives you emotional strength as well as knowledge.

Private HomeCare also offer counselling services if we ever need it. It's great to know that support is there.

"Caring as a Career"

Caring fits so well around my life. I can still do the school run so it really suits family life.

"Great to Have InHouse Training. You Don't Have to Go Outside"

As well as the QQI professional courses that I am doing, all carers do an induction course with Private Home Care. It's brilliant. It makes you aware of any situation that you might face.

"The Company Is So Supportive"

Overall, the company is so supportive. I would never ever be worried or anxious about ringing the office. They are always so understanding. If there is anything going on in your personal life, they will support you. It's like talking to a friend down the other end of the phone.

I was so nervous going into my interview but I knew the second I walked into Private HomeCare, this would be the job for me. I don't feel like I go to work every day.

I love the job and the company so much. I cannot recommend them highly enough.

I was planning on just being a carer with 2 modules. I had no idea I could do another 6 modules to get my Major Award until I joined Private HomeCare.



Kim Lawless

Carer and expected Graduate of Class 2020

Kim Lawless, on International Women's Day, supporting the Cpl group company message.

6 Training Courses



Courses

We offer a wide range of courses for both professional carers and the general public.

We continually review and revise our courses so please refer to www.privatehomecare.ie for a full list of current courses, dates and locations.



Booking

Our courses get booked up quickly, so we advise that you book and pay for your course(s) on our website as soon as you can.

We offer a payment plan to Private HomeCare carers who can pay by automatic deduction from their weekly salary, over a longer period of time.



Support

To speak to our training team, please email training@privatehomecare.ie or call 01 6516110 / or 01 6516111.

We are happy to answer any of your questions or advise you on which course(s) are suitable for you.

1. QQI Professional Care Courses

Each of these courses is an NFQ Level 5, Award Class Minor, and each takes 4 days.

QQI Care Skills

Course Code: **5N2770**

- > Understanding Client Care
- > Communications in the Care Setting
- > Using Equipment Correctly and Safely
- > Assisting Skills
- > Maintaining a Safe and Hygienic Environment

QQI Care of the Older Person

Course Code: **5N2706**

- > The Ageing Process
- > Working with the Older Person
- > Caring for Older Person with Specific Needs
- > The different Care Settings

QQI Communications

Course Code: **5N0690**

- > Listening and Speaking
- > Reading and Writing
- > Non Verbal and Visual Communication
- > Communications technology

QQI Work Experience

Course Code: **5N1356**

- > The Organisation
- > Rights and Responsibilities of Employees and Employers
- > Understanding Health and Safety
- > Reflection on Workplace Experiences



Children's First Training

Children's First training is mandatory for all carers working in Ireland, as it is a condition of the HSE (Health Service Executive). The HSE offer a free online course which takes one hour to self-complete.

For those who prefer to learn in a classroom setting, we offer a half-day course.

QQI Infection Prevention and Control

Course Code: **5N3734**

- > Basic Microbiology
- > Basic Principles of Infection Control
- > Healthcare Associated Infections
- > Health Management

QQI Care Support

Course Code: **5N0758**

- > Relating to the Client
- > Reflection and Development
- > Working with Others
- > Working in Care

QQI Palliative Care

Course Code: **5N3769**

- > Overview of Palliative Care
- > Communication Skills
- > Death and Dying
- > Bereavement

QQI Safety and Health at Work

Course Code: **5N9714**

- > Health and Safety Legislation
- > Safety Statement, Communication and Training
- > Safety in the Work Environment
- > Hazards and Risk Assessments
- > Specific Health and Safety Issues

2. Courses for the Public



Introduction To Dementia

This half day course is suitable for family and professional carers who care for people living with dementia.



Dementia Issues

- Carer may feel anger
 - At living client
 - At lack of ability to cure them
 - At medical profession
 - At own ability to do anything curative
- Carer may feel depressed
 - At impending loss
 - Watching suffering client
- If main carer is husband or wife – discuss



Introduction To Caring

This 2 and a half hour course is an introduction to caring for those new to the caring profession and also for those who care for family members.



Safeguarding Vulnerable Adults

This half day course is an introduction to caring for those new to the caring profession and also for those who care for family members.

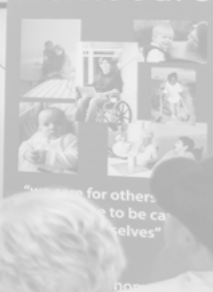


Patient Moving and Handling Training

This one day course is suitable for anyone who assists people in their movements such as sitting, standing, walking, or helping to make comfortable in bed. This course will teach you how to safely assist others in their movements, and protect your own physical wellbeing.



HomeCare





Carer Graduation



Carer Training



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